



Turkey with oats, beet & artichokes



Complete food for dogs of all ages and sizes

100g

Ingredients: fresh turkey* (breast meat, neck, carcass, liver) 86%, oats* 5%, beetroot* 3%, artichokes* 2%, chia seeds* 1.5%, minerals 1%, salmon oil, coconut oil*, Ascophyllum nodosum* (pure seaweed extract) *organic.

Additives (per kg) Nutritional additives: vitamin A 2200 IU, vitamin D3 180 IU, vitamin E 12 IU, cupric sulphate pentahydrate 1.6 mg, manganous II oxide 0.9 mg, zinc sulphate monohydrate 15 mg, sodium selenite 0.07 mg.

Analytical Constituents: protein 11.53%, crude oils & fats 7.1%, crude ash 2%, fibre 1.5%, moisture 75%. 126 kcal/100 g.

Ingredients

Turkey

Description

Turkey is a white meat and a lean protein. It's also an excellent source of many vitamins and minerals, especially B vitamins, selenium, taurine, and zinc.

Benefits for your pet

Highly digestible, turkey enhances palatability, is low in calories and high in selenium and tryptophan - both essential for the immune system. Protein is important for muscle growth and to support fullness and weight loss. The B Vitamins are responsible for efficient energy levels, red blood cells and amino acid formation.

Oats

Oats are one of the healthiest grains on earth. They are a gluten-free source of carbohydrates and dietary fibre but also higher in protein than most grains. Oats are also loaded with vitamins B5 and B9 and they also contain zinc, iron, magnesium, copper, folic acid and antioxidant plant compounds.

Oats are a healthier alternative to wheat and ideal for pets who are allergic to gluten or sensitive to other grains. They're low in calories and fats, and its fibre content helps to process fat (thus excellent for overweight pets) regulate cholesterol but also digestion, while limiting gassiness. They are also a good source of soluble fibre, which helps regulate blood glucose levels.

Beetroot

Beetroot, or simply beet, is a root vegetable packed with essential nutrients and a reliable source of fibre, vitamin B9, manganese, potassium, iron, and vitamin C. The carbs in beetroots are mainly simple sugars, such as glucose and fructose. It also contains inorganic nitrates and pigments that have a number of health benefits for your pet.

Being rich in various minerals, beetroot is highly beneficial for the heart, liver and digestive system. Several studies have also shown its role as a secret weapon in brain defence and preventing dementia – both in humans and their pets. Beets provide a type of polyphenols known as betalains that boost the immune system to increase antioxidant defence systems.

Artichokes

Widely considered a vegetable, artichoke is actually an edible flower bud. It is very low in calories and sodium, free of fat and cholesterol, and a great source of fibre, vitamin C, folate, potassium, and magnesium, making them highly nutritious.

Artichokes are high in antioxidant content and are good for your pet's digestive system and act as a potent shield against cancer and cardiovascular diseases. Since artichokes are low in calories, they also help to keep your pets healthy and active, as well as helping with bowel problems and flatulence. Vitamin K helps your pet recover from wounds and injuries faster; magnesium is optimal for maintaining healthy nerve and muscle function; and potassium is indispensable to help regulate blood sugar levels and stabilise neural function.

Chia

Chia is an edible seed from the desert plant *Salvia hispanica*, grown originally in Mexico. Actually, the meaning behind its name is quite enlightening as to its beneficial properties: it means "strength". Chia is an energy booster and contains healthy Omega-3 fatty acids, carbohydrates, protein, fibre, antioxidants, and calcium. Chia seeds are also hydrophilic: they contain a high amount of mucilage that allows them to absorb water and form a gel in the stomach that slows down the conversion of carbohydrates into sugar.

Chia's high protein profile makes them essential for tissue & muscle building functions and it also has a reducing effect on the appetite, which is incredibly beneficial for overweight pets. Since they're highly absorbent, they also help in keeping their body hydrated as well. Chia is also very rich in Omega-3 which helps repair damaged tissue and restore flexibility in the cell membranes, and also promotes heart health, efficient digestion, and bone strength.

Salmon oil

Salmon oil, like regular fish oil, is high in Omega-3 fatty acids. The primary Omega-3 fats found in salmon oil are eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA).

Some of the incredible proven benefits from salmon oil to our pets include: Improved condition of the skin and coat, reduced inflammation that can lead to conditions like arthritis, helps preventing skin allergies, regulates the immune system, improves cognitive function in older dogs, lowers blood pressure and triglycerides, helps with Inflammatory Bowel Disease, fights heart diseases, reduces the appearance of joint problems. Furthermore, research has shown that DHA also helps in a better brain development in puppies and kittens.

Coconut oil

Coconut oil is extracted from mature coconuts and takes the form of an edible oil that can and should be used in human and pet food. It is a source of saturated fatty acids, most of which are Medium Chain Triglycerides (MCTs).

In addition to being an excellent energy source, coconut oil has also been shown to improve skin and coat, improve digestion and reduce skin conditions and allergic reactions. Furthermore, its fatty acids are incredibly helpful in cognitive function. According to many studies, coconut oil may also be beneficial for preventing pest infections and for treating bites.

Ascophyllum nodosum (pure seaweed extract)

Ascophyllum nodosum, also known as egg-wrack, is a brown seaweed that can grow up to 2 metres long and that can be found mainly in the North Atlantic. It's most notable as a source of micronutrients, including over 60 minerals.

The combination of minerals and trace elements in Ascophyllum nodosum is incredibly useful to promote oral health and to prevent plaque. Its fibre, insoluble and resolute, acts as a brush cleaning up the stomach from bacteria, while also working as an anti-inflammatory.